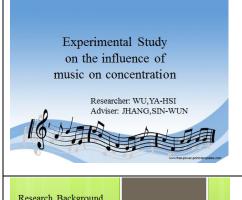
# 不同音樂對專注力影響之實驗研究

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Good afternoon, everyone.
I am WU,YA-HIS
This is my Study

Experimental Study on the influence of music on concentration

My Adviser: JHANG, SIN-WUN



Research Background

The Research about Fifth-Grade Students' Preference and Benefit for Music



## Introduction

## **Motivation**

1. From last study I learned that most students like to listen to music while writing homework and they liked pop music most.



- 2. I've heard reports about benefit of music for concentration while doing homework.
- 3. I want to know Students' Concentration Influenced by what kind of music by experiment.

## **PURPOSE**

- 1. the influence of the type of music
- 2. the influence of lyrics
- 3. the influence of tempo



## **Introduction - Purpose**

- 1. Understanding the influence of the type of music on the correct rate of math answers for sixth grade students 2.the influence of lyrics
- 3.the influence of tempo

## METHODOLOGY

## **Experimental Study**

Research objects:

Fourteen students of sixth grade in Minsheng elementary school



## Methodology

**Experimental Study** 

Research objects:

Fourteen students of sixth grade in Minsheng elementary school

# LITERATURE REVIEW



## Literature review

## 1. INDEPENDENT RESEARCH

Minsheng elementary school gifted class 27th (CHIN, YI-FAN)



## 1.Independent research

Minsheng elementary school gifted class 27th

[ CHIN,YI-FAN ]



**Experimental Study** 

about the influence on listening to music on mathematical ability

The research is about the influence on listening to music on mathematical ability for 6th-grade students in Minsheng elementary school. It has little influence.



## 2. New research findings



Music without lyrics can improve your brain's cognitive abilities and productivity.

Pure music without lyrics can make students have a better concentration.

Music without lyrics can improve your brain's cognitive abilities and productivity.



Do you want to listen to music and boost your

Old songs are better than new songs, study says.

## Next

Do you want to listen to music and boost your concentration?

Old songs are better than new songs, study says.

the classical music of the Baroque period can best improve the productivity for the work



## **Research Methodology and steps**

## **EXPERIMENTAL STUDY**

- 1. pre-preparation
- 2. perform a pilot test
- 3. pilot test results and changes
- 4. formal research



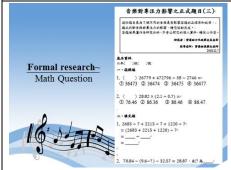
## **Experimental Study**

- 1. pre-preparation
- 2. perform a pilot test
- 3. pilot test results and changes
- 4. formal research



## Source of the test questions

From One grade to six grade
It consists of many kinds of Arithmetic



Example of <u>formal research</u> Math Question\_



## **Experimental Session**

A total of four session belong to three hypotheses



There are 4 music tracks.

Beethoven sonata No.23

<enthusiasm> third movement

POP Songs\_ Floating to the north(piano)

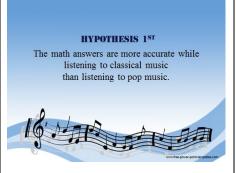


Beethoven Symphony No. 5 <destiny> second movement

POP Songs\_ Floating to the north (original with vocal)

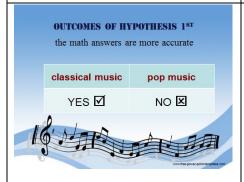


## **Results**



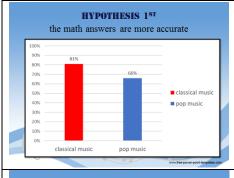
## Hypothesis 1<sup>st</sup>

The math answers are more accurate while listening to classical music than listening to pop music.



## **Outcomes**

The math answers are more accurate while listening to classical music.



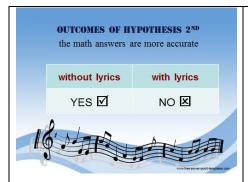
The correct rate of listening to classical music answers was 81%, while listening to pop music was 66%.

It is supposed the concentration is better while listening to classical music than listening to pop music.

# HYPOTHESIS 2<sup>ND</sup> The math answers are more accurate while listening to pop music without lyrics than listening to pop music with lyrics.

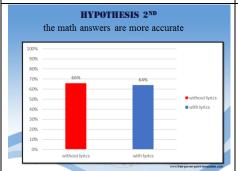
## Hypothesis 2<sup>nd</sup>

The math answers are more accurate while listening to pop music without lyrics than listening to pop music with lyrics.



## **Outcomes**

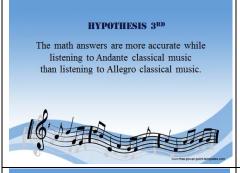
The math answers are more accurate while listening to pop music without lyrics.



The correct race is 66% while listening the pop music without lyrics and 64% while listening to pop music with lyrics.

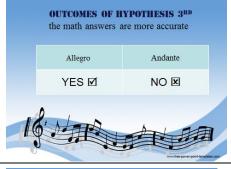
Thus, listening to the music without lyrics

Thus, listening to the music without lyrics can make the concentration a little better.



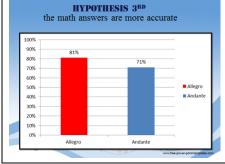
## Hypothesis 3<sup>rd</sup>

The math answers are more accurate while listening to Andante classical music than listening to Allegro classical music.



## **Outcomes**

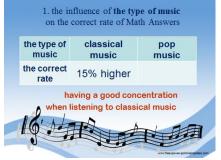
The math answers are more accurate while listening to Allegro classical music .



The correct rate is 81% while listening to Allegro classical music and 71% while listening to Andante classical music. I speculate that the sixth grade students prefer faster melody more.



## Conclusion



# 1.the influence of the type of music on the correct rate of Math Answers

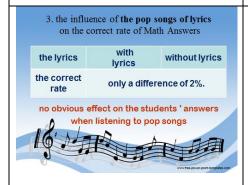
It was found that the correct rate of answers for students listening to classical music was 15% higher than that of listening to pop music.

I speculate the students of sixth grade like pop music more so they can't concentration on answering the math questions while listening to pop music.

# 2. the influence of the effect of tempo on the correct rate of Math Answers the type of Mallegro Andante (快) (慢) the correct rate 10% higher having a good concentration when listening to Allegro classical music

# 2. the influence of the effect of tempo on the correct rate of Math Answers

It was found that the correct rate of answers for students listening to Allegro classical music was 10% higher than that of listening to Andante classical music. Presumably, maybe it is because the students of sixth grade prefer classical music with a slightly fast tempo so they can keep their brain awake while listening it.



# 3. the influence of the pop songs of lyrics on the correct rate of Math Answers

It was found that the lyrics had no obvious effect on the students ' answers, and there was only a difference of 2%. The reason for this is that the students sixth grade like pop music, so even if there is no lyrics in pop music, they can also hear the tempo of that song.



## **Suggestions**

## SUGGESTIONS

Double check the question and results

## the type of music

that is significantly different



## Math Question

Double check the question and results the type of music

Choose music that is significantly different



## **Experience**

## **EXPERIENCE**

The main points: double-check the experimental process, plan the complete architecture, etc. The knowledge of music

Learned that Music can boost concentration What I learned



After months of research, from experimental design, preparation, confirmation, pilot tests to formal tests, I learned the main points of doing experiments, for example, plan the complete architecture before research. And through research, I gained more understanding of music. I believed that all that has been learned during this time will be invaluable in the future.

## REFERENCE

Websites

Chinese books

我學到音樂可以提高專注力

聽音樂,是專注力最有效率的投資

learned that Music can boost concentration



There are 5 reference, websites and books.